

# THE ROAD LESS TRAVELED

## PSALM 1

<sup>1</sup>Blessed is the one  
who does not walk in step with the wicked  
or stand in the way that sinners take  
or sit in the company of mockers,  
<sup>2</sup>but whose delight is in the law of the LORD,  
and who meditates on his law day and night.  
<sup>3</sup>That person is like a tree planted by streams of water,  
which yields its fruit in season  
and whose leaf does not wither—  
whatever they do prospers.  
<sup>4</sup>Not so the wicked!  
They are like chaff  
that the wind blows away.  
<sup>5</sup>Therefore the wicked will not stand in the judgment,  
nor sinners in the assembly of the righteous.  
<sup>6</sup>For the LORD watches over the way of the righteous,  
but the way of the wicked leads to destruction.

***What excuses do we have for not doing it?***

***What will it take to keep doing it?***

## TRANSFORMED BY THE TRUTH

QUESTIONS FOR REFLECTION & DISCUSSION

1. In your own words, what is the secret of success revealed in Psalm 1?
2. Read Psalm 1:1, Proverbs 13:20 and 2 Corinthians 6:14. How do you think your choice of friends has affected you?
3. Read Psalm 1:2 and Joshua 1:8. What are some practical ways to be a day-and-night meditator of Scripture? Are these habits realistic for you? Why or why not?
4. Read Psalm 1:3, Jeremiah 17:5-8 and Matthew 7:24-27. What are the benefits of rooting your life in God's word? To what extent are you doing that right now?
5. Read Psalm 1:4-6, Psalm 112:10 and Proverbs 10:24-25. Do the warnings of these passages motivate you to delight yourself in God's word? Why or why not?