

One Thing

“Now this is eternal life, that they know You, the only true God, and Jesus Christ, whom You have sent.”

—John 17:3

...All things were created through Him and for Him.

—Colossians 1:16

“One Thing” People:

- _____ (Psalm 27:4).
- _____ (Luke 10:38-42).
- _____ (Philippians 1:21; 3:8-14).

Why are distractions dangerous?

- They prevent us from _____
_____ (Mark 4:18-19).
- They prevent us from _____
_____ (Jeremiah 2:11-13).
- They prevent us from _____
_____ (Luke 14:16-20).

How do we make Jesus our one thing?

Hebrews 12:1

Transformed by the Truth

Questions for Reflection & Discussion

1. If someone were to ask you, “Do you know what the secret of life is?”, what would you say? To what extent is your lifestyle consistent with your understanding of what really satisfies?
2. Read Philippians 1:21 and 3:8-14. Do you believe the apostle Paul is a realistic role model for you? Why or why not? Have you experienced “the surpassing greatness of knowing Christ Jesus my Lord”? If so, when?
3. Read Jeremiah 2:13. Are you guilty of either of the sins mentioned in this verse? In what ways have you forsaken the Lord? What broken cisterns have you made God-substitutes?
4. Read Hebrews 12:1. Make a thoughtful list of both hindrances and entangling sins in your life.
5. What will your relationship with Christ be like one year from today if you make no changes in your life? What single change would make the most dramatic difference in your life, if you were to stick to it for the next 12 months?