



kindness

But when the **kindness** and love of God our Savior appeared, he saved us...

—Titus 3:4-5

And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, in order that in the coming ages he might show the incomparable riches of his grace, expressed in his **kindness** to us in Christ Jesus.

—Ephesians 2:6-7

But the fruit of the Spirit is love, joy, peace, patience, **kindness**, goodness, faithfulness, gentleness and self-control.

—Galatians 5:22-23

...You have taken off your old self with its practices ¹⁰and have put on the new self, which is being renewed in knowledge in the image of its Creator.... Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, **kindness**, humility, gentleness and patience.

—Colossians 3:9-10, 12

Be **kind** and compassionate to one another, forgiving each other, just as in Christ God forgave you.

—Ephesians 4:32

"...Love your enemies, do good to them.... Then your reward will be great, and you will be children of the Most High, because he is **kind** to the ungrateful and wicked."

—Luke 6:35

Love ... is **kind**.

—1 Corinthians 13:4

Transformed by the Truth

Questions for Reflection & Discussion

1. Read Galatians 5:22-23. When you think of the fruit of kindness, who (other than God) comes to mind? Why? What did that person do to model kindness for you?
2. What can we learn about kindness from the life of Jesus? Even though you were not alive when Jesus was on the earth, have you ever experienced His kindness? If so, how?
3. Read Ephesians 2:6-7 and Titus 3:4-5. How has God been kind to you?
4. Read Colossians 3:9-12, Ephesians 4:32 and Luke 6:35. Do these verses feel more like affirmation or admonishment to you? Why?
5. Read 1 Corinthians 13:4. In what specific way and toward what specific person do you feel the Spirit's nudge to be kind?

Passages on kindness:

- John 2:1-11
- Mark 1:40-45
- Luke 7:11-17
- Mark 5:21-43
- John 8:2-11