

A Woman's Guide to a Better Marriage

Transformed by the Truth

QUESTIONS FOR REFLECTION & DISCUSSION

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1 Corinthians 7:10 (NIV): **A wife must not separate from her husband.**
(See also Mark 10:12)

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Hebrews 13:4: **Marriage should be honored by all, and the marriage bed kept pure....**

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1 Corinthians 7:3 (MSG): **The marriage bed must be a place of mutuality—the husband seeking to satisfy his wife, the wife seeking to satisfy her husband.**

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Titus 2:4 (NIV): **...Train the younger women to love their husbands....**

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Ephesians 5:33 (NIV): **...The wife must respect her husband.**

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Ephesians 5:22 (TLB): **You wives must submit to your husband's leadership in the same way you submit to the Lord.** See also Ephesians 5:24; Colossians 3:18; Titus 2:5; 1 Peter 3:1-6.

1. Read Hebrews 13:4. Do you believe you are vulnerable to the sin of adultery? Why or why not? What are some safeguards you can erect in your marriage to make sure you never fall into this sin?
2. Read 1 Corinthians 7:3 and Proverbs 5:18-19. What are some specific things you could do to better satisfy your partner in this aspect of your marriage? What is one thing your partner could do for you?
3. Read Titus 2:4. Wives, try to remember a time when something you did for your husband made you fall more in love with him. What was it? Husbands, what is one thing your wife has done for you to make you fall more in love with her?
4. Read Ephesians 5:33. Women, what is one way that you could better communicate respect for your husband? Men, what does your wife do that makes you feel admired by her?
5. Read Ephesians 5:22-24. Wives, when is it most difficult for you to follow your husband? How could you be more submissive in that area of your marriage? Husbands, in what areas do you see your wife submitting to you even when it is hard for her to do so?