

HAPPY NEW YOU

TRANSFORMED BY THE TRUTH

QUESTIONS FOR REFLECTION & DISCUSSION

EPHESIANS	
Chapters 1-3: GRACE	<p style="text-align: center;">God has blessed us with every spiritual blessing in Christ (1:3)</p> <p style="text-align: center;"><i>WHO WE ARE IN CHRIST</i></p> <p style="text-align: center;">CELEBRATION</p> <p>Chosen to be holy and blameless (1:4, 11) Predestined to be adopted (1:5, 11) Redeemed and forgiven (1:7) Lavished with spiritual wisdom (1:8-10) Sealed with the Holy Spirit (1:13-14)</p> <p style="border: 1px solid black; padding: 2px; text-align: center;">PRAYER FOR INSIGHT #1 (1:17-19)</p> <p>Great hope, wealth and power (1:18-19) Raised from the dead (2:5) Seated with Christ in heaven (2:6) Saved from wrath (2:8) Re-created for good works (2:10) Brought near through Christ's blood (2:13) Access to the Father (2:18) Citizens in God's kingdom (2:19) Members of God's household (2:19) Co-heirs with Israel (3:6) Members of Christ's body (3:6) Freedom & confidence in prayer (3:12) Rooted in Christ's love (3:17)</p> <p style="border: 1px solid black; padding: 2px; text-align: center;">PRAYER FOR INSIGHT #2 (3:16-19)</p> <p>Immeasurable power (3:2)</p>
Chapters 4-6: LIFE	<p style="text-align: center;">Live a life worthy of the calling you have received (4:1)</p> <p style="text-align: center;"><i>WHO WE ARE IN REAL LIFE</i></p> <p style="text-align: center;">EXHORTATION</p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">IN YOUR CHURCH (4:1-16)</div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">IN YOUR COMMUNITY (4:17 - 5:14)</div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">IN YOUR RELATIONSHIPS (5:15 - 6:9)</div> <div style="border: 1px solid black; padding: 5px;">IN SPIRITUAL BATTLE (6:10-24)</div>

- Read the entire book of Ephesians without rushing or skimming. Then write a headline for each chapter:
 Chapter 1:
 Chapter 2:
 Chapter 3:
 Chapter 4:
 Chapter 5:
 Chapter 6:
 What do you think is the "big idea" of the book?
- What truth in chapters 1-3 is most encouraging to you? Why? Do you ever struggle to believe that truth? If so, how can you make sure truth wins over doubt and lies in your mind and heart?
- What command in chapters 4-6 is most challenging to you? Why? How can you become more obedient to that command in 2023?
- When was the last time you had a personal encounter with God that opened your eyes to the glory of heaven, the power of the Holy Spirit, or the love of Christ? How can you increase the odds of such an encounter in the near future?
- Who in your relational network do you think would benefit most from studying Ephesians? Pray for that person (and for yourself) what Paul prayed in Ephesians 1:17-19 and 3:16-19, then invite them to join you at White Pine next Sunday.