

THE BLESSING ZONE

Ephesians 5:21—6:9

“It is more blessed to give than to receive” (*Acts 20:35*).

“...Love your neighbor as yourself” (*Leviticus 19:18*).

“Do to others as you would have them do to you” (*Luke 6:31*).

“For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many” (*Mark 10:45*).

No one should seek their own good, but the good of others (*1 Corinthians 10:24*).

[Love] ... is not self-seeking.... (*1 Corinthians 13:5*)

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others. In your relationships with one another, have the same mindset as Christ Jesus... (*Philippians 2:3-5*)

Wives (5:22-24, 33)

Husbands (5:25-33)

Children (6:1-3)

Parents (6:4)

Slaves (6:5-8)

Masters (6:9)

TRANSFORMED BY THE TRUTH

QUESTIONS FOR REFLECTION & DISCUSSION

1. If someone asked you what is meant by the “blessing zone”, how would you explain it? What memorable Bible passages teach this relational principle?
2. Read Ephesians 5:22-33. Do you think it is God’s will for today’s Christian marriages to match the structure Paul gives us here? If so, in what ways have you seen God bless your marriage? If not, how do you and your partner work together to be in the blessing zone? If you are not married, how do these verses apply to your relationships?
3. Read Ephesians 6:1-4. How do these verses challenge you as a child or as a parent? What do you think it means to bring your children up in the training and instruction of the Lord? How are you being intentional in doing it?
4. Read Ephesians 6:5-8. Which words or phrases in these verses is especially challenging to you? How can you make your workplace more of a blessing zone?
5. Do you think it is God’s will for Christians to try to change unfair societal structures and systems? If so, what Scriptures do you think equip you to do that in a way that is pleasing to Him?